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Executive Headteacher: Mrs Lizzie Martin**Operations Director: Mrs Nicky Kirby****Inclusion Manager: Mrs Lucy Brownbill****Enabling every child to thrive and succeed**4th January 2023

Dear Parents,

Forest School Sessions for Years 1 - 6

The children from years 1 to 6 will be taking part in Forest Schools on Wednesday afternoons during the Spring and Summer terms. Forest school sessions will take place in the St James' Forest school area on the school field on the dates below for each year group.

Wednesday 11 th January	Year 5
Wednesday 25 th January	Year 6
Wednesday 1 st February	Year 3
Wednesday 8 th February	Year 4
Wednesday 22 nd February, 1 st March and 8 th March	Year 5
Wednesday 15 th March, 22 nd March and 29 th March	Year 6
Wednesday 19 th April, 26 th April, 3 rd May	Year 1
Wednesday 10 th May, 17 th May and 24 th May	Year 3
Wednesday 7 th June, 14 th June and 21 st June	Year 4
Wednesday 28 th June, 5 th July and 12 th July	Year 2

What is Forest School?

Forest School activities will teach your child about caring for, managing and understanding the natural environment. Under careful supervision, there will be opportunities to learn how to build shelters, tie knots, use hand-tools safely and light fires, as well as time to play games and to be reflective.

Our Forest School Handbook contains the risk assessments and procedures for all activities on site and ensures that all risks have been reduced to an acceptable level. All adults involved are expected to have observed these, please do ask if you wish to read this document.



Forest School is an Outdoor Education program which supports the main curriculum of Literacy, Maths, Science and the Arts but which also places a strong emphasis on building confidence, social skills and independence.

The sessions will be run by Mrs White who is a Level III Forest School Leader, assisted by Mrs Rigby.

What to wear

Forest School offers the children the chance to be outdoors in every season and in all weathers, (with the exception of high winds and storms) but to help us achieve this they need to be clothed appropriately. We therefore ask that your child brings the following to school:

- A long-sleeved top and extra warm layers (short sleeves are not suitable regardless of temperature)
- Long trousers BUT NOT LEGGINGS
- Strong shoes or Wellington boots
- A waterproof coat and waterproof trousers are strongly advised as these sessions will take place in most weather conditions.
- Warm hat and gloves or sunhat and sunscreen

The children will change into school uniform after lunch. Please note that any children not dressed appropriately will not be able to take part in Forest Schools.

If your child has previously had a reaction to a wasp or bee sting, please advise the office so appropriate first aid can be provided in the event of a sting during Forest School sessions.

If you have any questions or concerns about your child taking part, please contact the office.

We are sure that these sessions will prove a valuable and challenging experience for your child.

Many thanks for your support,

Yours sincerely



Mrs N Douse